## HOW TO WEAR A HELMET PROPERLY?

## MOTORCYCLE HELMET BICYCLE HELMET **NEWS ANCHOR**

- 1 The helmet should be positioned evenly around the head, with the front of the helmet facing forward.
- 2 The chin strap is buckled nicely.
- 3 The helmet should be comfortable fit.
  You should not be able to move the helmet from side to side or up and down.
  The helmet should sit level on the head, stop above your eyebrows, and not block your view.
- 4 Look for motorcycle or bicycle helmet with "Consumer Product Certificate".

TRAFFIC CENTER



ALL ELECTRIC BIKE AND SCOOTER RIDERS SHOULD WEAR HELMETS FOR SAFETY PURPOSES

